

Internal Teeth Whitening Informed Consent

You have indicated that you would like to improve the appearance of your darkened tooth. Internal whitening is a predictable way of lightening the color of darkened non-vital teeth, in the least invasive way possible, whilst retaining as much of the natural tooth structure as possible.

However, the tooth may not whiten at all, may not whiten back to its original color, or the tooth may over whiten. It may also fade back to an extent over time.

There is a small chance that the tooth will suffer from external cervical resorption. This means that the tooth may start to break down around the neck of the tooth and will often lead to the loss of the tooth. Although the risk is very small, this is obviously a fairly serious risk.

The alternatives to improve the appearance include placing a veneer or a crown on an already structurally compromised tooth, which again could compromise the long-term survival of the tooth.

When internal whitening is not fully successful, a veneer may be placed instead of a crown, which is more conservative of the remaining tooth structure and would likely mean an improved long-term prognosis.

Signed _____

Date _____

Print _____

I have explained the procedure and the risks involved as outlined above.

Practitioner Signature _____

Date _____

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